## RISK ASSESSMENT/METHOD STATEMENT



ULTRA018

Method Statema	nnt

1	Task	Moving Furniture	
2	Equipment	Personal protective equipment - safety shoes	

## 3 Method

- a. Put on personal protective equipment
- b.Assess the shape, size and weight of furniture to eb removed to ensure it is within safe lifting capability of the indididual: if not, use a second person to assist.
- d. Before lifting, ensure that nothing on the furntiure will fall off whilst being transferred to another point.
  rubbish collection sacks.
- e. Ensure the furntiure is lifted and carried the minimum distance necessary to access the floor for cleaning
- f. Ensure there are no obstacles along the path the furniture is to be carried.
- g. Lifting and carying to be in accordance with manual handling training methods